

MOUNTAIN LEADER TRAINING

PAUL POOLE
— MOUNTAINEERING —



**Mountain
Training**
Cymru

MOUNTAIN LEADER SYLLABUS

- **Leader Responsibilities**
- **Leadership & Decision Making**
- **Planning & Weather**
- **Hazards and Emergency Procedures**
- **Equipment**
- **Walking Skills**
- **Navigation**
- **Expedition Skills**
- **Teaching and Learning Skills**
- **Access, Conservation & the Environment**
- **Background Knowledge**





Mountain Leader

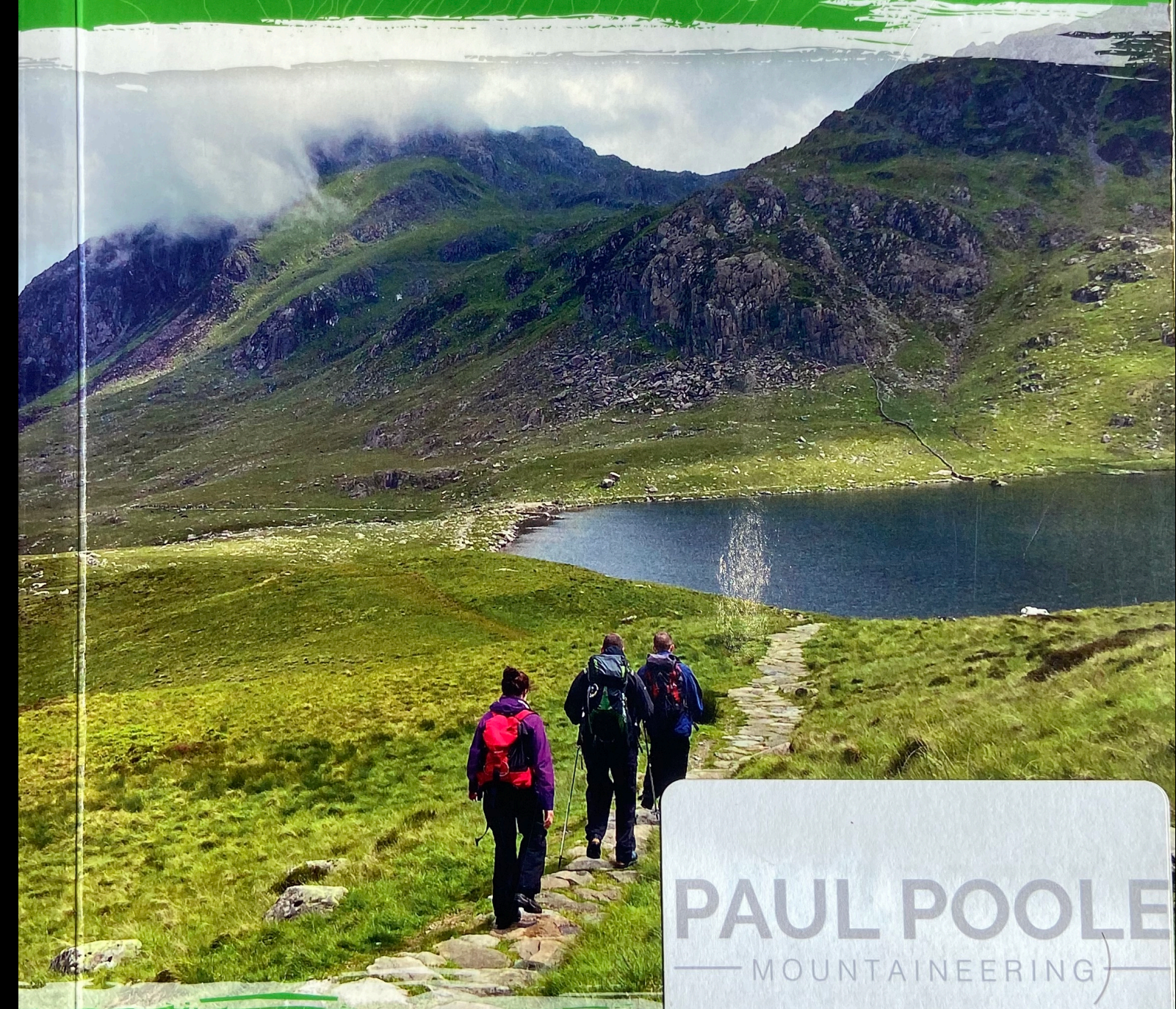
Candidate Handbook



THIRD REVISED EDITION

hillwalking

The official handbook of the
Mountain Training walking schemes



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Written by **Steve Long**
with contributions from PyB staff

SCOPE OF THE AWARD

- The scheme enables experienced mountain walkers to lead groups in the mountains, hills and moorlands of the United Kingdom and Ireland in summer conditions
- The term 'summer' is used to describe any conditions not covered by winter
- It does not cover the skills required for the planned use of the rope



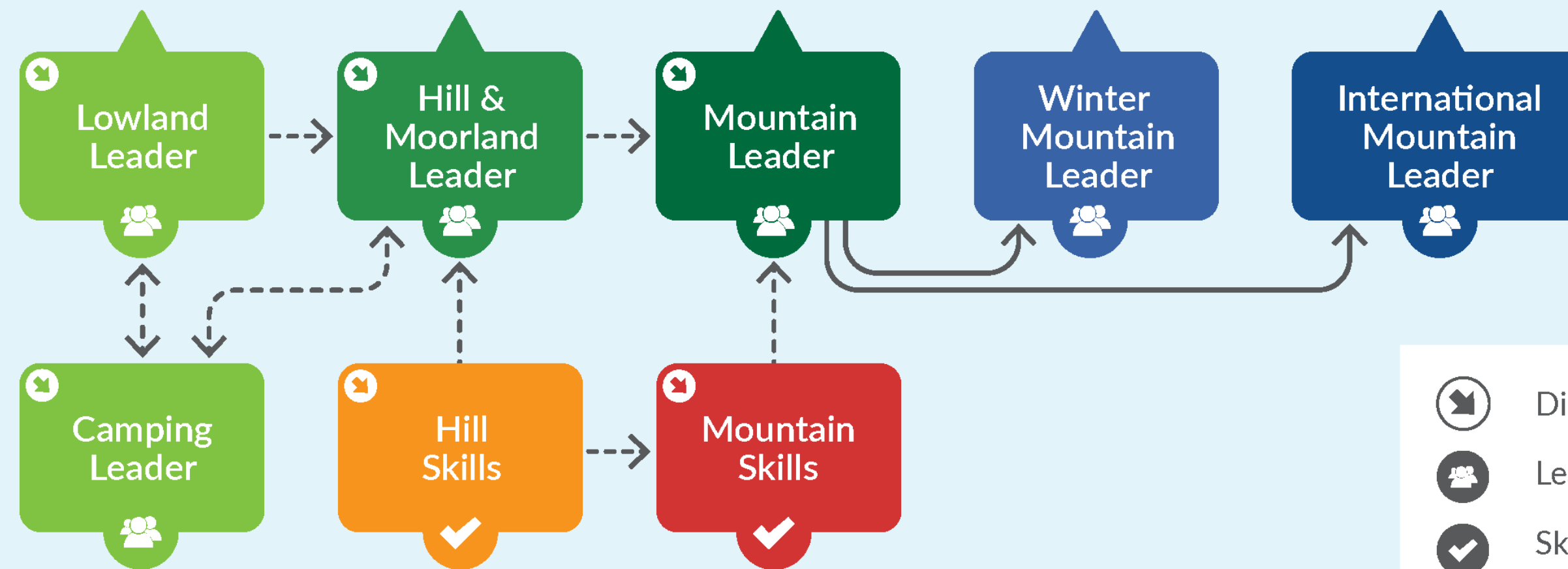
PATHWAY TO QUALIFICATION





Mountain Training

Walking Pathway



Direct Entry



Leadership Qualifications









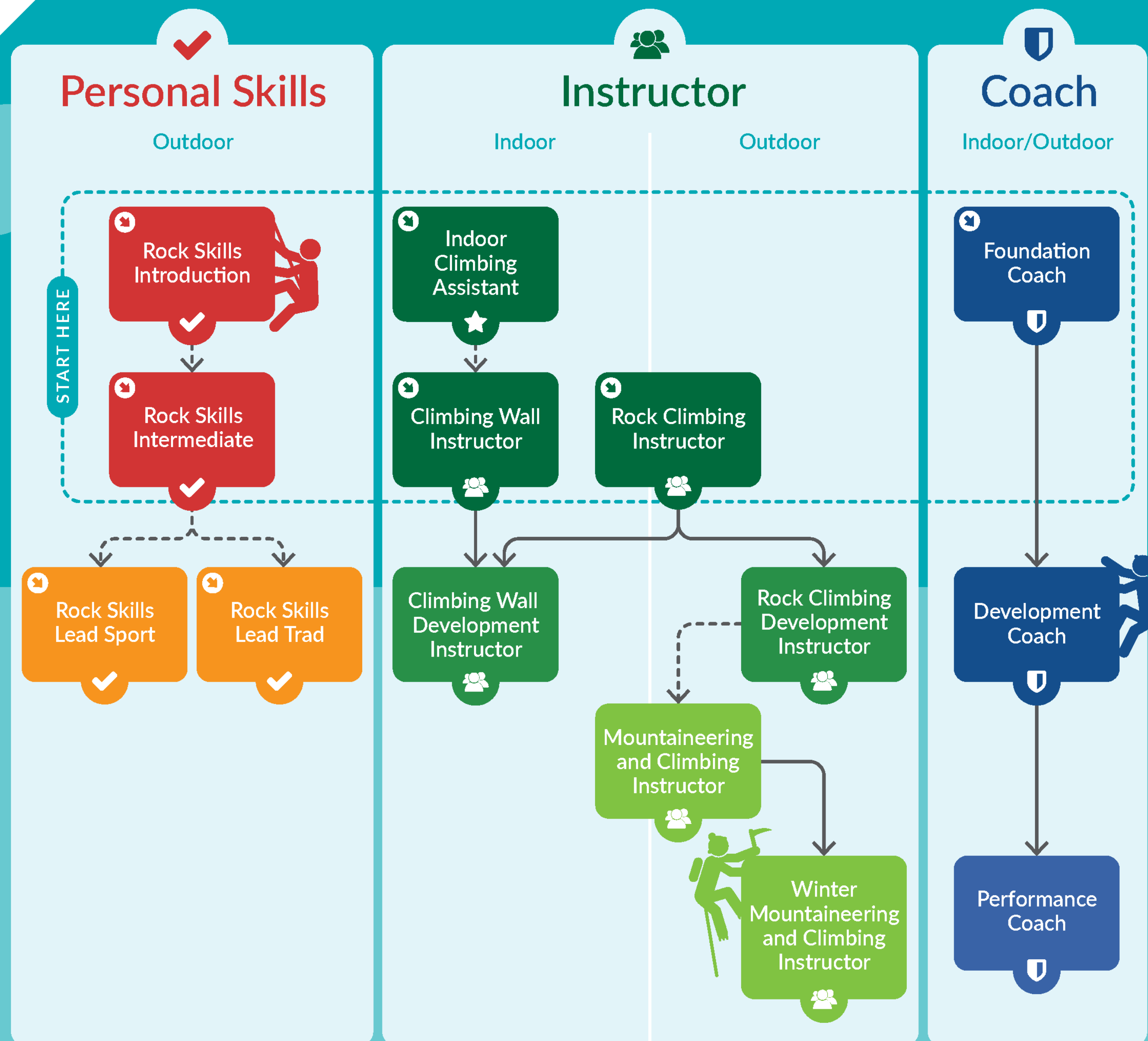
Skills Courses



Recommended Progression

Climbing Pathway

-  Direct Entry
-  Skills Courses
-  Leadership Qualification
-  Assistant Qualification
-  Coaching Qualification
-  Recommended Progression



STAGES OF THE AWARD



CONSOLIDATION

- Minimum of 40 Quality Mountain Days
- At least 3 different regions
- At least 8 nights camping, 4 of which should be wild camping
- Hold an appropriate 1st Aid Certificate
- Gain experience of leading parties in the mountains
- Enjoy your walking!



COURSE PROGRAMME

- Day 1
 - Introduction to Mountain Navigation
 - Access & Conservation
- Day 2
 - Mountain Weather
 - Quality Mountain Day, Macro Navigation, Route Planning, Leadership



COURSE PROGRAMME

- Day 3
 - Weather Forecast
 - Leader Responsibilities
 - Emergency use of the rope
 - Improvised Rescue
 - Mountain Rescue
 - Introduction to Poor Visibility Navigation
- Day 4
 - Mountain Day - Leadership & Group Management Skills
 - ML Leaders personal & group equipment



COURSE PROGRAMME

- **Day 5**

- **Weather Forecast**
- **Expedition Skills**
- **Mountain Journey**
- **Poor Visibility Navigation**

- **Day 6**

- **Mountain Journey**
- **River Crossing**
- **Individual Debriefs**



Mountain Training

The network of
awarding bodies
who administer
skills courses and
leadership
qualifications.

Mountain Training Association

MT membership
association
providing support &
development
opportunities for
trainee & qualified
candidates



Mountaineering Councils

The Councils protect
the interests of
walkers, climbers
and mountaineers
and the cliffs, hills
and mountains they
enjoy.



HOW CAN MTA SUPPORT YOU?

JOURNEY THROUGH
QUALIFICATIONS



REGISTER
for a Mountain
Training
qualification

Join MTA
as a trainee
member



Complete a
TRAINING
course



Join MTA
as a trainee
member

Complete an
ASSESSMENT
course



Join MTA
as a full
member



Use your
qualification/s
to work/volunteer
in the outdoors

MEMBERSHIP
BENEFITS

BENEFITS FOR ALL MEMBERS

- Access accredited CPD workshops
- Regional networking and training events
- Mentoring and volunteer opportunities
- Big savings on outdoor gear and courses
- Quarterly magazine and regular e-newsletters
- Online resources and guidance
- Online premium features
- Technical email support
- Private Facebook community

ADDITIONAL BENEFITS FOR FULL MEMBERS

- Online CPD record
- Additional gear deals
- Promote yourself online
- Apply for Adventuremark accreditation
- Find jobs and opportunities
- Access MTA branded merchandise
- Special rates for civil liability insurance

SUPPORT / DEVELOPMENT

GET THE SUPPORT YOU NEED TO SUCCEED

WWW.MOUNTAIN-TRAINING.ORG/MTA



Paul Poole - 67231

logs 1,172

Awards Completed



Member Of



Add

Details

Records

Expeditions

Schemes

CPD

Files

Referees

Endorsements

Leaderboard

Share

DLOG

DLOG details - 1,172 records



Sport
Climbing



Trad
Climbing



Walking



Scrambling



Indoor
Climbing



Winter
Walking

